EVALUATION OF THE GRANT:

It is important for the Indiana Division of Mental Health and Addiction to know how you feel about the support you received from this program; what worked well and what ideas you have that would make the program better. If your family participates in the grant, the Division of Mental Health and Addiction will ask you to complete an evaluation and satisfaction survey.

APPLICATION:

Please refer to our website for a list of the Access Site contacts: www.in.gov/fssa/dmha/6643.htm

For additional information, please contact:

Rebecca Buhner, CA-PRTF Director 317-232-7892

Beth Fetters, Provider Specialist 317-232-7939

Heidi Gross, Quality Improvement 812-934-4210

John Pavlack, Quality Improvement 317-232-7806

Mark Hess, INsite Manager 317-233-5005

INDIANA'S COMMUNITY ALTERNATIVES TO PSYCHIATRIC RESIDENTIAL TREATMENT FACILITIES



"People helping people help themselves"

Division of Mental Health and Addiction and Office of Medicaid Policy and Planning

CIMS/ Centers for Medicare & Medicaid Services

Do you have a child who has problems with feelings and behaviors that are causing trouble with school, work or home life? Indiana has a program for children and youth with serious emotional problems that will allow your family to receive extra help in your home and have more say about the type of help you get. It does not matter what type of family you have: adoptive, foster, single parent, two-parent, or quardianship. You can.

This program is called the CA-PRTF Grant (Community Alternatives to Psychiatric Residential Treatment Facilities).

TO BE ELIGIBLE:

- The child/youth must be on Medicaid and at 150% of poverty level or below.
- The child/youth must be at least age 6 and under age 21.
- The child/youth must have a high level of need for intense services.

Your Community Mental Health Center will help find out if your family qualifies.



HOW WILL THE GRANT HELP:

A staff person from your local Community Mental Health Center (CMHC) or other community service agency will help your family develop a plan. This person is a Wraparound Facilitator. They will help you create a child and family team. This team will include teachers, counselors, pastors, neighbors, friends, family and other people involved with your family.

Your Wraparound Facilitator will help you give directions to the team regarding the type of help that your family needs. Your family may need a little help, or your family may need some help every day. You will get help with the problems your child and family are having, and you will talk about ways for your child to show his/her strengths and skills. You and your team will figure out a plan to make sure you have steps to take when there is an emergency.

At least every month, everyone will meet and talk about the things that are working well and what is not working well. You and your team will make changes to your plan if necessary.

Your child will continue to receive regular Medicaid services such as doctor, dentist, and medication, and you will continue to take your child to regular medical, therapy, and psychological service appointments. However, special grant services will also be covered that Medicaid does not usually cover. These services are:

<u>Transportation</u> to community services written in the plan and that support your family.

<u>Training and support</u> for you, other family members, and/or friends who help take care of your child.

Respite care to provide a short-term break for caregivers. You may plan respite care ahead of time or use it for an emergency. You may have a respite care provider come to your home and care for your child while you run errands, go to a movie, visit friends, take a long walk, or even just to lie down in another room to rest. You may also use respite care if you need to be out-of-town for a few days.

<u>Flexible funds</u> to purchase onetime/occasional things related to your child's plan of care.

<u>Habilitation services</u> to improve your child's functioning, increase skills and self-confidence.

<u>Wraparound Facilitation including</u> <u>crisis/emergency planning and intervention</u>

You will choose your own providers from a list of qualified agencies and individuals.



10.2009